

List of books for the Good Reads Tic Tac Toe 2020

1. “Smart Women Finish Rich” by David Bach

Relevant financial information that every women should know. It details information with links into how to have yours and your family's financial affairs in order.

2. “Everything is Figureoutable” by Marie Forleo

This author and host of the Marie Forleo TV has inspired many. Now with this publication she manages to make you face your fears in order to fulfill your dreams. Her life theory will make change perspective of every obstacle that comes your way.

3. “The 15 Invaluable Laws of Growth” by John C. Maxwell

One of my favorite books on personal development. It will challenge you to change something in your life everyday to achieve your full potential.

4. “Moment of Lift” by Melinda Gates

'When you lift up women, you lift up everybody - families, communities, entire countries... Melinda Gates shares stories about women and girls' experiences that even though they've been very different from her owns, they illustrate the importance of global gender equality. She documents the impact we could cause the in the world when we give women opportunities to thrive.

5. “B is for Bilingual” by Leila Díaz-Thamer

For obvious reasons this book makes it on this Reading list once again. After years of finding ways to introduce and educate my daughters into the importance of learning both English and Spanish, this book was born. I am very passionate about sharing this book as tool to introduce another language and inspire families to learn new languages. Check out my post on many ways to include this learning tool to your life.

6. “Garlic and Sapphires” by Ruth Reichl

The Secret Life of a Critic in Disguise. This world-renowned food critic and editor in chief of Gourmet magazine tells about the many disguises she creates as she dines undetected at some of the most prestigious restaurants in New York City. Her storytelling is funny, engaging and entertaining. She adds her own spin on some recipes too. The book is a treat itself.

7. “A year on Ladybug Farm” by Donna Ball

This is an entertaining story of friendship. About diving into new adventures and learning from the many mishaps we might encounter.

8. “How not to diet” by Dr. Michael Greger

As I am always trying to learn about healthy habits, I decided to add this new book. This book was released a few weeks back and I am looking forward to start reading it. After his previous book full of studies and research to improve our daily eating habits, Dr. Greger shares his findings on the science behind long-term weight loss success.

9. “The Gift of Failure” by Jessica Lahey

Part of my own growth is continuing learning techniques to help my own children. This book brings to light the topic of over-parenting. As a teacher and a mom herself, the author shares insight and recommendation on how to allow failure to be use as life’s lessons for our kids. The book is packed with case studies and practical advice, Lahey proposes a gentle but vital shift in the way we parent. She urges us to step back and trust our children and allow them to experience the joy of succeeding on their terms rather than ours.